Dr. Laser Practitioner
The Best Laser Office
1234 Your Street
City, State 22222

Post Treatment Instructions

ClearSense™ClearToeTreatment

Patient response can vary after anonychomycosis treatment. Erythema (redness) and edema (swelling) around the treated area are usually noted within a few minutes after the completion of the procedure. A sun burn sensation and a slight feeling of soreness in the area treated are also normal and expected. These reactions tend to subside within 24 hours after the treatment.

There is minimal recovery time and thecomplication risk is low following the ClearToe treatment.

The treated area must be treated with care. **BE GENTLE!** Do not scratch or pick at your nail.

- Until redness has completely subsided, avoid all of the following:
  - Use of scented lotions or soaps, exfoliant creams, loofa sponges and aggressive scrubbing
  - Hot or cold water - wash with tepid water
- A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm. This is typically only needed within the first 1-2 hours after the treatment.
- Post treatment discomfort is typically minimal but if the area is very uncomfortable, oral pain reliever; i.e. Extra Strength Tylenol, may be used.
- Nail polish may be applied 24 hours after the treatment as long as skin/nail integrity has not been compromised.
- If the skin is broken, crusting or a blister appears, apply an antibiotic ointment and **contact** the office immediately. Keep the affected area moist and avoid direct sunlight.
- Observation – No discernable change to toenail immediately following treatment. It may take 3-6 months to see the growth of clear nails; this is dependent on how fast your nail grows.
- Home care – It is advised to use new shoes and wash socks and footwear thoroughly in hot water. Topical anti-fungal cream may be prescribed by your clinician.
- Activity – You may resume normal activity immediately following treatment.
- Subsequent treatments are based upon your clinician's recommendation and are typically 2-4 weeks apart. The number of treatments needed will depend upon the condition of your nail fungus.

Patient Signature _____

_____ _____ _____
Date Patient ID# Witness