Exilis Elite

You are scheduled for a series of non-invasive treatments with Exilis Elite. This is a non-contact radiofrequency (RF) device that delivers high energy in a controlled fashion to the dermal and subcutaneous layers of the skin. The tissue selected is heated just enough to allow for cell breakdown, transforming them into waste which to body begins to naturally flush away and eliminate through the lymphatic system. Collagen is also targeted with this RF device and will result in collagen remodeling and skin tightening.

The number of treatments will vary based on your goals and how your body responds to the treatment. Results will vary from person to person. You may see results immediately after your first treatment you can expect to see improvements up to 3 months after your final treatment. You will need to have your treatments done in a series of administered every 7-14 days for 4-6 sessions.

During treatment you will feel a warming sensation, with the intensity varying from moderate to intense sensation. Let your provider know if at any point you are uncomfortable and find the sensation painful.

If you have active implants such as a pacemaker, cardio converter, cochlear implant or other metal implants, you are not a candidate for Exilis Elite treatments. If you had one of these devices in the past, but it has since been removed, it is important to let you treatment provider know. If you are pregnant or nursing, or think you might be pregnant you may not undergo Exilis Elite treatments. It is important to discuss your medical history with the treatment provider.

Pre-procedure

1. If you are having a body treatment, please arrive at your appointment well hydrated. Ideally, you should drink 64 oz. of water each day for 2 days prior to, the day of and the day after your treatment. Additionally we recommend light physical activity after treatment to help with lymphatic flow.
2. Please wear comfortable clothing on the day of your treatment so we can easily access the area being treated.
3. Men undergoing facial treatments must shave the morning of the session.

Post-Procedure

1. You may experience a brief period of warmth, redness and minor swelling after your treatment. Skin may be warm to the touch for a couple hours after treatment. Deep tissue retains heat longer. You may feel some mild tenderness in the area after treatment.
2. You can resume your normal activities immediately after treatment.
3. Be sure to drink 64 oz. of water after your treatment to increase lymphatic drainage and allow the destroyed fat cells to exit the system.
4. If you have any questions or problems after your treatment, please contact us at 847-348-6425