HydraFacial Pre- and Post-Care

For best results, please follow these instructions

Before Treatment:

1. Discontinue use of Isotretinoin for 1 year (Sotret, Claravis, Amnesteem, and Accutane)
2. Discontinue use of topical prescriptive medications for 48 hrs (Retin-A ,Tazorac, Differin, EpiDuo, Ziana)
3. Refrain from any type of exfoliating treatment(s) (glycolic, enzymes) to the area of treatment for 48 hrs.
4. Refrain from any Medium/ Deep chemical resurfacing and laser treatments for 1 month.
5. Refrain from waxing and use of depilatories for 48 hrs.
6. Discontinue use of OTC acne medications (Benzoyl Peroxide, Salicylic) for 48 hrs.
7. If you are prone to cold sores, HydraFacial may cause a break out; ask your doctor for a prophylactic treatment such as Valtrex. Please use medication 2 days before during and 2 days after HydraFacial Treatment.
8. Avoid sun tanning for at least 72hrs
9. Post injections (Dysport, Juvederm) wait at least 2 weeks. Botox wait at least 5 days.
10. Shaving is not recommended prior to Gentlemen's HydraFacial Treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.
11. Please inquire if the guest is currently receiving any Cancer Treatment.
12. The day of your appointment a full consultation will be provided. If you have any special health considerations, allergies, pregnant, etc., be sure to notify us when you make your appointment.
13. However, feel free to contact us with your concerns if in doubt about whether you are a candidate for this Treatment.

After Treatment:

1. Avoid sunbathing for at least 48hrs (although, we recommend this indefinitely) to prevent UV rays from damaging your skin which slows down the benefits of HydraFacial. Patients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher and **Antiox+**, to maintain your improved skin.
2. Injections can be resumed in 24hrs.
3. Waxing and depilatories can be resumed in 48 hrs.
4. Avoid heat (hot showers, sauna, and intense cardio) for 24 hrs.
5. If you do not need make-up for the evening of treatment, wait until the next morning.
6. Topical prescriptive medications can be resumed in 48hrs
7. OTC acne medications may be resumed in 48hrs
8. Optimum results can only be achieved if **Daily Essentials Homecare** is prescribed by your skin specialist is followed.
9. The above is a guideline and not exclusive. Please contact us with any questions or concerns.