MonaLisa Touch® Post-External Treatment Instructions

It is important to follow your treatment provider's instructions before and after treatment.

Immediately Post-Treatment:

- Apply cold compresses or cold gel packs to the treated area for 20 minutes
- Apply occlusive ointment before patient leaves office
- Schedule follow up visits

Patient Post Treatment Instructions

- Keep area moist by applying occlusive ointment to the treated area and reapply ointment after each wash and continue to use until tissue has fully healed.
- Gently cleanse the area 2-3 times a day with sterile saline or a mild, hypoallergenic Cleanser.
- Wait 1 day before taking a shower or bath (avoid using hot water on the treated area until healing is complete.
- Skin may feel sensitive and may be red and swollen and treated area may be itchy
- Use cold compresses or cold gel packs (20 minutes on; then 20 minutes off) as needed for swelling and discomfort.
- Avoid lifting heavy weights or doing intense physical exercise for 3-4 days following the Treatment.
- Refrain from sexual intercourse for a week after the treatment.
- Wear loose, cotton underwear.
- Avoid wearing panty hose and tight-fitting pants.

If you have any questions about these instructions or the procedure, please contact your physician.