Regency Medical Spa

Together, Let's Turn Back Time!

POST CARE FOR INJECTED PRP WITH VAMPIRE FACELIFT®

• What to Expect After Treatment: Immediately following the procedure, the most commonly reported temporary side effects are redness, swelling, bruising, tenderness, tingling, numbness, lumpiness, and/or a feeling of pressure or fullness at the injection sites and/or in the treated area(s). Cold gel packs/ice may be gently applied immediately after treatment to reduce swelling.

• To Avoid Bruising: Avoid alcohol consumption for a minimum of 6 hours and refrain from taking blood thinners such as Aspirin and NSAIDS for several days. Tylenol is recommended if needed for discomfort.

• To Maximize Results and Prevent Complications:

- Avoid touching or scrubbing at the injection sites for 24 hours after treatment.
- Sleep on your back with your head elevated and avoid rubbing the treated area for 2 weeks.
- Avoid direct high heat (blow dryer, sun exposure, sauna, steam room, very hot shower, hot yoga, strenuous exercise, etc.) for 24 hours after treatment.
- Makeup may be applied immediately after the treatment if desired.

• No Facials, Facial Massages, or Laser Treatments for 2 Weeks Afterward: Most facials, chemical peels,laser, and light treatments may be done immediately prior to the treatment but not for 2 weeks after the treatment. Botox® may be injected immediately before or after.

• Combination Therapy for Optimal Results: PRP Therapy stimulates your skin to grow new, younger tissue however; it does not prevent muscle movement or resurface the skin. Most patients see best results when combining their PRP treatments with other anti-aging procedures such as Botox®, HA Filler, etc.

• Follow up Appointment: Most patients see improvement within 2-4 weeks with continued improvement for up to 12 weeks. If the desired level of correction has not been reached within 4-12 weeks then we recommend repeating the procedure at 4-12 week intervals until you achieve the result you desire.

• Maintenance Treatments: The results of this treatment can last up to 2 years, but results vary and research documenting the longevity of results is ongoing. Maintenance treatments are recommended every 8-12 months.

POST CARE FOR TOPICAL APPLICATION OF PRP WITH VAMPIRE FACIAL®

• To Maximize Results: For a minimum of 3 hours after the PRP has been applied to your skin, do NOT: Wash your skin, expose the treated area to direct high heat, or engage in activities that will get the skin wet or cause you to sweat (blow dryer, sun exposure, sauna, steam room, Jacuzzi, very hot shower, hot yoga, strenuous exercise, etc.)

- If you have any questions or concerns please contact us (847)348-6425